



7855 Argyle Forest Blvd STE 905 Jacksonville, FL 32244 • Phone (904) 541-6144 • Fax (904) 541-6154
www.NorthFloridaSpineandInjuryCenter.com • Email: DrZeccardi@NorthFloridaSpineandInjuryCenter.com

Accident Preparedness Kit

What to do when you get in an auto accident

1. Check yourself and passengers for injury.
2. Call 911. Report the accident, injuries, and request police.
3. Check for traffic before stepping out of your vehicle.
4. Exchange information with other drivers using the form at the end of this kit.
5. Document the accident. Photograph damages, injuries, where vehicles stopped, skid marks and road conditions. Speak to any witnesses and get their contact information.
6. Provide police officers at the scene with an official statement.
7. Seek medical treatment. North Florida Spine and Injury Center sees auto accident victims immediately. If you are critically injured, paramedics should transport you directly to the hospital.
8. If you have questions about your auto accident-related injuries, please call North Florida Spine and Injury Center at (904) 541-6144

What to keep in your car

1. Accident Preparedness Form
2. Cell phone with camera
3. Note pad
4. Pens
5. Road flares
6. Water
7. First aid kit

Driver Information

Name: _____

Phone: _____

Insurance: _____

Driver's license number: _____

License plate number: _____

Notes _____
